

Art therapist bios

Lee Sze-Chin:

Sze-Chin is an art therapist, art educator and artist. His research interests include the intersections of art therapist-art educator-artist identities, as well as the impact of digital technologies on social, emotional, and psychological well-being. Sze-Chin has been investigating how immersive new media experiences can promote creative self-expression and encourage mindfulness. Most recently, he has been piloting digital eLearning projects in the community, and for the arts and culture sector.



Karen Koh:

Deeply rooted in the disciplines of psychology, art therapy and spirituality, Karen centers her practice with the arts as an essential for holistic personal development and meaning-making of life experiences. With a strong belief in the significance of the arts culture within the healthcare and social service sectors, she has dedicated time to work with various communities like children and youths-at-risk, older adults with mental health conditions, and caregivers support. In recent years, Karen has been growing her practice as an art therapist-artist in community-based settings of local context.



Ng Jue Ann:

Jue Ann is a registered art therapist who works with older adults in the GoodLife!, programme by Montfort Care, especially People Living with Dementia (PLD) in residential and community settings. She had developed a great interest in working with older adults since her postgraduate training to facilitate them to age with dignity. Over the years, she believes that PLD's vitality and creativity are still intact despite dementia. Through arts, it is a place of hope and compassion for that short window of time for the seniors to immerse in a process that reminds them of their capabilities, not their deficits and what they have lost. It continues to be a privilege to share this journey with PLD and their families.

